

ENHANCING the EFFECTIVENESS of your JUVENILE DRUG COURT

Adolescent Treatment:

Effective and Innovative Approaches to Adolescent Substance Abuse Treatment

An effective treatment program for juvenile drug court participants requires a combined effort from treatment providers, coordinators, and other team members who oversee treatment services. Learn the principles and characteristics of effective treatment vital to the success of your juvenile drug court. This training will provide you with tools to get more out of your assessment process to match treatment to youth needs; make sound judgments when selecting treatment providers or hiring treatment staff; engage and retain youth in a dynamic therapeutic environment; and utilize evidence-based treatment models that have been shown to be effective with juvenile drug court populations.

Using Incentives and Sanctions Effectively With Adolescents

As a juvenile drug court professional, do you ever wish you had a ready-made list of “Incentives and Sanctions That Work” to guide you in responding to participant behavior? While this might seem like a useful tool, researchers and experienced practitioners tell us that delivering effective incentives and sanctions is much more complicated than simply using a list.

This 2-day interactive workshop will help you discover and understand the key considerations for bringing about and sustaining behavioral change. You’ll then apply your new understanding to develop a strength-based, adolescent-focused program of incentives and sanctions.

NOVEMBER 17–18, 2005

BJA, OJJDP, and NCJFCJ have specifically chosen these training topics based on strong interest among juvenile drug court practitioners as well as the favorable response from the first series of these trainings. These 2-day workshops will focus on ways in which juvenile drug courts can work even more effectively with substance abusing youth.

Registration and Lodging

Registration fee: Participants pay only their travel and lodging; the conference fees are waived.

To register: To register for either training, visit www.dcpj.ncjrs.org/dcti.html. A link to the hotel’s registration page will also be provided at this web site.

For more information: Kathy Barcus — 775-784-1748
kbarcus@ncjfcj.org (Adolescent Treatment)
Tourine Johnstone — 775-784-8078
tjohnstone@ncjfcj.org (Incentives and Sanctions)

Lodging: All travel and lodging expenses are the responsibility of the participating jurisdictions. Rooms have been reserved at the government per diem rate of \$153 per night at the Sheraton Premier at Tyson’s Corner, 8661 Leesburg Pike, Vienna, VA 22182. Please call the hotel at 800-325-3535 before the room reservation deadline of October 14. Participants in the DCTI Subject Matter Training will receive the group rate.

ADOLESCENT TREATMENT

- **Principles and characteristics of effective juvenile drug court treatment.** By creating systems of care, integrating specialized treatment models, and building partnerships among the drug court team, a juvenile drug court program can provide youth with effective evidence-based treatment. Learn about the research-based principles of treatment and how they affect outcomes.
- **Strengths-based approach to assessment.** Assessment instruments for adolescents should be developmentally appropriate, reliable, valid, and accurate in identifying the nature of substance abusing behavior as well as the youth's strengths and how those strengths can be incorporated into the treatment plan. Learn about instruments that combine all of these qualities.
- **Techniques and tools for hiring and training effective treatment professionals.** Identify the characteristics of an effective helping professional. In the workshop, you will develop an interview protocol for hiring effective counselors and establish a plan for future training and staff development.
- **Curriculum-based treatment models.** Through extensive research, several curriculum-based models have been shown to be effective with adolescents in the juvenile justice system. These modalities include Cognitive Behavioral Therapy and Motivational Enhancement Therapy, Family Support Networks, the Adolescent Community Reinforcement Approach, and Multidimensional Family Therapy. Learn about their content and structure.

INCENTIVES and SANCTIONS

- **Guidelines for incentives and sanctions.** Research tells us that for incentives and sanctions to be effective, they must be immediate, certain, consistent, fair, and of the appropriate intensity. Experienced practitioners tell us that they also need to be developmentally appropriate, graduated, and goal-oriented and that no single set of incentives and sanctions will work for everyone.
- **Examine how adolescents differ from adults.** Adolescents' brains, as well as their bodies, are still going through major developmental stages. In addition, they are different from adults both legally and socially. Understanding how adolescents view and respond to the world around them can provide insight for communicating and building trust, essential elements in the effectiveness of incentives and sanctions.
- **A strengths-based approach to incentives and sanctions.** Goal-oriented, graduated incentives and sanctions focus on the youth's strengths, promoting responsible behavior while still holding the youth accountable.
- **Stages of change.** According to behavioral researchers and clinical psychologists James Prochaska and Carlo DiClemente, people progress through the same stages of change regardless of their "problem behavior." Incentives and sanctions are likely more effective when they are correlated with the youth's stage of change.

REGISTRATION FORM

Don't miss these informative workshops! Register early because space is limited. The workshops are free; however, your jurisdiction will be responsible for all travel expenses, including airfare and lodging.

How To Register

To register online, go to www.dcpincjrs.org/dcti.html or fill out the registration form and fax it to Sheris Williams at 443-339-0443.

For registration assistance, contact Sheris Williams at 301-519-5810 or by e-mail at swilliams@aspensys.com. For information about the Adolescent Treatment workshop, contact Kathy Barcus, Resource Specialist, NCJFCJ at 775-784-1748 or by e-mail at kbarcus@ncjfcj.org. For information about the Incentives and Sanctions workshop, contact Tourine Johnstone, Information Specialist, at 775-784-8078 or by e-mail at tjohnstone@ncjfcj.org.

Please photocopy and fill out a separate registration form for each registrant.

First

Middle

Last

Title

Organization

Address

City/State/ZIP

Telephone Number

Fax Number

E-mail

Court Jurisdiction

Please indicate which training you would prefer:

- ☐ Adolescent Treatment: Effective and Innovative Approaches to Adolescent Substance Abuse Treatment
- ☐ Using Incentives and Sanctions Effectively With Adolescents

Hotel reservations:

Attendees are responsible for their own hotel reservations.

Sheraton Premiere at Tyson's Corner
8661 Leesburg Pike
Vienna, VA 22182
Phone: 800-325-3535
Room Rate: \$153 per night

**National Council of Juvenile
and Family Court Judges**
University of Nevada, Reno
Post Office Box 8970
Reno, Nevada 89507

(775)784-6012
(775)784-6628 fax

Non-Profit Org.
U.S. Postage Paid
Reno, Nevada
Permit No. 122



Enhancing the Effectiveness of Your Juvenile Drug Court

- Adolescent Treatment: Effective and Innovative Approaches to Adolescent Substance Abuse Treatment
- Using Incentives and Sanctions Effectively With Adolescents

WHO SHOULD ATTEND?

These workshops are designed for drug court teams. Successful juvenile drug courts recognize the benefits of using a team approach to treat delinquent and substance abusing adolescents. Therefore, the training experience can be most beneficial by sending as many representatives from the juvenile drug court team as possible. Because of its advanced nature, we strongly suggest sending treatment representatives, coordinators, and other team members who are directly involved in treatment services to attend the Adolescent Treatment workshop. Ideally, we would recommend that judges, coordinators, attorneys, treatment representatives, and other professionals involved with the drug court team attend the Incentives and Sanctions workshop. All participants will gain invaluable new information and insight to share with fellow team members and drug court participants.

